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H atom. Consider only  $n=1, 2$ . (TDPT)

states:  $\Psi_{nlm}$ :

	n	l	m	
s	1	0	0	0
	2	0	0	0
p	2	1	-1	0
	2	1	0	0
	2	1	1	0

ie 5. recall:  $l=0, \dots, n-1$   
 $m=-l, \dots, l$

} g.s.  
 (degenerate)  
 1<sup>st</sup> exc. st.

pert<sup>n</sup>  
 ↓

$$H(t) = H_0 + H'(t)$$

$$H'(t) = -eE(t)z$$

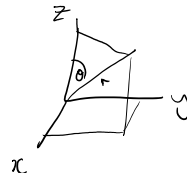
$$(E = E(t)\hat{z})$$

$$z = r \cos \theta$$

$$r = \frac{z}{\cos \theta}$$

$$Y_{1,0} = \sqrt{\frac{3}{4\pi}} \cos \theta$$

$$\Rightarrow z = \sqrt{\frac{4\pi}{3}} r Y_{1,0}$$



(\*)

$$H'_{ij} = \langle \Psi_i | H' | \Psi_j \rangle$$

b) Show  $\langle H'_{ii} \rangle = 0$   $\forall$  states

$$H'_{ii} = \langle \Psi_{nlm} | -eEz | \Psi_{nlm} \rangle$$

$$= -eE \int dx \int dy \int dz z |\Psi_{nlm}(x, y, z)|^2 = 0 \quad \forall \text{ states}$$

odd

we know this is even in z

: odd x even = odd

&  $\int dz f(z) = 0$  for odd f

↓ ie.  $\Psi_{nlm} = R_{nl}(r) Y_{lm}$

$$\Psi_{100} = R_{10} Y_{00} = \frac{2}{\sqrt{a^3}} \frac{1}{\sqrt{4\pi}} e^{-r/a} \Rightarrow |\Psi_{100}|^2 = \frac{e^{-2r/a}}{2\pi a^3}$$

$$\psi_{200} = R_{20} Y_{00} = \frac{1}{\sqrt{2a^3}} \left(1 - \frac{r}{2a}\right) \frac{e^{-r/2a}}{\sqrt{4\pi}} \dots$$

a) i)  $\langle \psi_{100} | H' | \psi_{200} \rangle = 0$  by.

ii, iii)  $\langle \psi_{100} | H' | \psi_{21\pm 1} \rangle = \int dV \frac{2}{\sqrt{a^3 4\pi}} e^{-r/a} \frac{1}{2\sqrt{6a^3}} \frac{r}{a} e^{-r/2a} (\mp 1) \sqrt{\frac{3}{8\pi}} \sin\theta e^{\pm i\phi}$

$$\sim \int_0^{2\pi} d\phi e^{\pm i\phi} \dots = 0 \quad \text{since osc.}$$

$\downarrow$  i.e.  $\int d\phi (\underbrace{\cos\phi}_{\cancel{H}} \pm i \underbrace{\sin\phi}_{\cancel{H}}) = 0$

iv)  $\langle \psi_{100} | H' | \psi_{210} \rangle = \int dV R_{10} Y_{00} (-eEz) R_{21} Y_{10}$  (\*)

$$= -eE \int dr r^2 R_{10} R_{21} \int d\Omega \underbrace{Y_{00} Y_{10}}_{\substack{\frac{1}{\sqrt{4\pi}} \\ \leftarrow}} \sqrt{\frac{4\pi}{3}} r Y_{10}$$

$$= \frac{-eE}{\sqrt{3}} \int dr r^3 \frac{1}{\sqrt{6a^3}} \frac{r}{a} e^{-\frac{3r}{2a}} \underbrace{\int d\Omega |Y_{10}|^2}_{\substack{\leftarrow eR \\ = 1}}$$

18 = 2.9

$$= \frac{-eE}{a^4 3\sqrt{2}} \int dr r^4 e^{-\frac{3r}{2a}}$$

$\int dr r^4 e^{-\alpha r} = \frac{4!}{(\frac{3}{2a})^5} \quad \leftarrow 24 = 3 \cdot 2^3$

$$= \frac{2^5 a^5 3 \cdot 2^3}{3^5} = \frac{2^8 a^5}{3^4}$$

$$= \frac{-eE \sqrt{2}}{a^4 \cdot 2 \cdot 3} \frac{2^8 a^5}{3^4}$$

$$= \frac{-eE \sqrt{2} 2^7 a}{3^5} \quad \left( = -0.745 eE a \right)$$

\_\_\_\_\_

## problem-two

Tuesday, 6 November, 2018 12:10

$T = 300K$  - room temperature

spontaneous emission rate:

$$A = \frac{\omega^3 |P|^2}{3\pi\epsilon_0 \hbar c^3}$$

ratio spontaneous  
thermal

$$r = \frac{A}{R} = e^{\frac{\hbar\omega}{k_B T}} - 1$$

thermally stimulated emission rate:

$$R = \frac{\pi}{3\epsilon_0 \hbar^2} |P|^2 \frac{\hbar}{\pi^2 c^3} \frac{\omega^3}{e^{\frac{\hbar\omega}{k_B T}} - 1}$$

$$\Rightarrow R = \frac{|P|^2 \omega^3}{3\epsilon_0 \hbar c^3 \pi} \frac{1}{e^{\frac{\hbar\omega}{k_B T}} - 1}$$

$$\begin{cases} \hbar = 1.05 \times 10^{-34} \text{ Js} \\ k_B = 1.38 \times 10^{-23} \text{ J K}^{-1} \end{cases}$$

• "middle point":  $\omega_0$

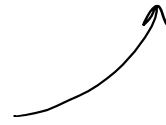
$$\omega_0 = 5 \times 10^{12} \text{ Hz} \Rightarrow r \sim e^{\frac{10^{-34} \omega}{10^{-23} 10^2}} - 1 = e^{\omega \cdot 10^{-13}} - 1$$

• well below: ( $\sim 100$  less):  $\omega_{\downarrow}$

$$\omega_{\downarrow} = 10^{10} \text{ Hz} \Rightarrow r \sim e^{10^{-3}} - 1 \sim 10^{-3} \Rightarrow R \text{ dominates}$$

• well above ( $\sim 100$  more):  $\omega_{\uparrow}$

$$\omega_{\uparrow} = 10^{14} \text{ Hz} \Rightarrow r \sim e^{10} - 1 \sim 10^4 \Rightarrow \underline{A \text{ dominates}}$$

- visible light:  $\omega \sim 10^2 \text{ THz} = 10^{14} \text{ Hz} \Rightarrow$  
- $\rightarrow 430\text{--}770 \text{ THz} \quad (\text{ie } \gg \omega_0)$

# problem-three

Tuesday, 6 November, 2018 12:22

will need this

Spontaneous emission:

$$P = \langle \psi_f | \underbrace{q \underline{r}}_{\text{dipole moment}} | \psi_i \rangle$$

matrix element

want this for  $\psi_{2em}$

$$A = \frac{\omega^3 |P|^2}{3\pi\epsilon_0 \hbar c^3}$$

want:

$$\begin{matrix} \psi_{200} \\ \psi_{210} \\ \psi_{21\pm 1} \end{matrix} \rightarrow \psi_{100}$$

$$\uparrow$$

$$E_{n=1} = -\frac{\hbar^2}{2ma^2}$$

this is the  $\Delta\omega$  for

$$\omega = \frac{E}{\hbar}$$

H atom:  $E_n = \frac{E_1}{n^2}$

$$\omega_0 = \frac{E_2 - E_1}{\hbar} = \frac{E_1}{\hbar} \left( \frac{1}{4} - 1 \right)$$

$$= -\frac{3}{4} \frac{E_1}{\hbar} = \frac{\hbar^2}{2ma^2} \frac{3}{4} \frac{1}{\hbar}$$

$$= \frac{3}{2^3} \frac{\hbar}{ma^2}$$

$$\Rightarrow A = \frac{|P|^2}{3\pi\epsilon_0 \hbar c^3} \frac{3^3}{2^9} \frac{\hbar^3}{m^3 a^6} = \frac{|P|^2 3^2 \hbar^2}{\pi \epsilon_0 c^3 2^9 m^3 a^6}$$

remains to find  $P$ .

$$P = \langle \psi_{100} | \underbrace{e \underline{r}}_{x\hat{x} + y\hat{y} + z\hat{z}} | \psi_{2em} \rangle = e \left[ \underbrace{\langle \psi_{100} | \cos\theta | \psi_{2em} \rangle}_{(1)} \hat{z} + \underbrace{\langle \psi_{100} | \sin\theta \cos\phi \hat{x} + \sin\theta \sin\phi \hat{y} | \psi_{2em} \rangle}_{(2)} \right] \quad - (+)$$

$$\equiv \begin{pmatrix} x \\ y \\ z \end{pmatrix} = r \begin{pmatrix} \sin\theta \cos\phi \\ \sin\theta \sin\phi \\ \cos\theta \end{pmatrix}$$

①  $\hat{z}$ : from Q1, know only non-zero for  $\psi_{210}$

$$\Rightarrow \rho_z = \frac{e \sqrt{2} 2^7 a}{3^5} \quad (\text{from Q1})$$

— (A)

②  $\hat{x}, \hat{y}$ -plane: know  $\int dV x f_1(x) = \int dV y f_2(y) = 0$

if  $f_1$  even in  $x$  &  $f_2$  even in  $y$ .

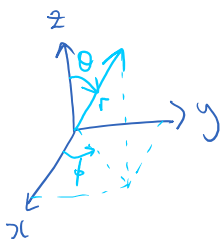
$$\text{ie. } \int dV xy f_1(x) f_2(y) = 0$$

but  $f_i = f_i(r, \theta, \phi)$

what is  $f_i(x, y)$  sym.?

$$\left. \begin{array}{l} \checkmark \psi_{100} \sim e^{-r/a} \\ \checkmark \psi_{200} \sim \left(1 - \frac{r}{2a}\right) e^{-r} \\ \checkmark \psi_{210} \sim r e^{-r} \cos \theta \end{array} \right\} \left\{ \begin{array}{l} r = \sqrt{x^2 + y^2 + z^2} \\ \text{so } x, y \rightarrow -x, y \\ \Rightarrow r \rightarrow r \end{array} \right\} \left\{ \begin{array}{l} x \rightarrow -x \\ y \rightarrow -y \end{array} \right\} : \theta \rightarrow \theta \quad \Rightarrow \text{even in } x, y$$

recall that  $\theta$  is the polar angle, so doesn't depend on  $(x, y)$



"doubly"

$$\rho_{111} = \rho_{210} = \dots = 0$$

so we have  $\int dV xy f(x,y) = 0$  with  $f(x,y)$  sym. in  $x$  &  $y$ . "doubly"

Thus  $\langle \psi_{100} | a | \psi_{200} \rangle = 0$  for  $l=0,1$  &  $a=x,y$ . (B)

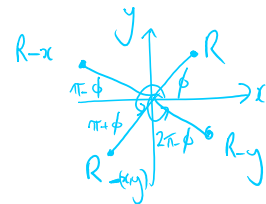
Can also see this as:

$$x \pm iy = r \sin \theta e^{\pm i\phi} = \mp r \sqrt{\frac{8\pi}{3}} Y_{1,\pm 1}$$

$$\langle 100 | x \pm iy | 200 \rangle = \langle 100 | x \pm iy | 210 \rangle = 0$$

$$\text{because you get a } \int d\phi e^{\pm i\phi} = 0$$

only remaining non-zero part  $f(\pm)$ :



$$P = e r \sum_{m \in \{-1, +1\}} \langle \psi_{100} | \sin \theta \cos \phi \hat{x} + \sin \theta \sin \phi \hat{y} | \psi_{21,m} \rangle$$

$$\text{Now, eg. } \psi_{211} \propto Y_{11} \propto \sin \theta e^{i\phi} \xrightarrow{(x,y) \rightarrow -(x,y)} \sin \theta e^{i(\pi-\phi)} = \sin \theta e^{-i\phi} \propto Y_{1,-1}$$

$\Rightarrow \psi_{21\pm 1}$  neither odd nor even, so can't exploit sym.  $\rightarrow 0$ .

$$\text{but we have } Y_{11} \xrightarrow{-(x,y)} Y_{1,-1}$$

so for  $\langle 100 | \dots | 21, \pm 1 \rangle$ , we'll use a trick:

First, return to Cartesians:

$$P = e \sum_{m \in \{-1, +1\}} \langle \psi_{100} | x \hat{x} + y \hat{y} | \psi_{21m} \rangle$$

n.b.

$$x \pm iy = r(\sin\theta \cos\phi \pm i \sin\theta \sin\phi)$$

$$= r \sin\theta (\cos\phi \pm i \sin\phi)$$

$$= r \sin\theta e^{\pm i\phi}$$

$$= \mp r \sqrt{\frac{8\pi}{3}} Y_{1,\pm 1}(\theta, \phi) \quad \text{-- recall (**)}$$

$$\left[ Y_{1,\pm 1} = \mp \sqrt{\frac{3}{8\pi}} \sin\theta e^{\pm i\phi} \right]$$

so Consider that:

$$\langle 100 | (x \pm iy) | 211 \rangle = \mp \frac{2}{\sqrt{a^3}} \frac{1}{\sqrt{6a^3}} \frac{1}{\sqrt{4\pi}} \int r^2 dr e^{-r/a} \frac{r}{a} e^{-r/2a} \int d\Omega r \sqrt{\frac{8\pi}{3}} Y_{1,\pm 1} Y_{1,1}$$

orthonormal

$$\Rightarrow \begin{cases} + \neq 0 \\ - = 0 \end{cases}$$

$$= \begin{cases} - \frac{1}{a^4} \sqrt{\frac{8}{6 \cdot 4 \cdot 3^2}} \int dr r^4 e^{\frac{3}{2a}r} & \text{for } + \\ 0 & \text{for } - \end{cases} = \frac{2^8 a^5}{3^4} \quad (\text{from Q1})$$

$$+ = - \frac{1}{3a^4} \frac{2^8 a^5}{3^4} = - \frac{2^8 a}{3^5}$$

so we have: 
$$\begin{cases} \langle 100 | x + iy | 211 \rangle = -\frac{2^8 a}{3^5} \\ \langle 100 | x - iy | 211 \rangle = 0 \end{cases}$$

$$\Rightarrow \begin{cases} \langle 100 | x | 211 \rangle = -\frac{2^7 a}{3^5} \\ \langle 100 | y | 211 \rangle = \frac{i 2^7 a}{3^5} \end{cases}$$

Thus, 
$$\langle 100 | x \pm iy | 21, -1 \rangle = \begin{cases} \frac{2^8 a}{3^5} & \text{for } - \\ 0 & \text{for } + \end{cases} \quad \left. \vphantom{\begin{cases} \frac{2^8 a}{3^5} \\ 0 \end{cases}} \right\} \text{re. swap}$$

$$\Rightarrow \begin{cases} \langle 100 | x | 21, -1 \rangle = \frac{2^7 a}{3^5} \\ \langle 100 | y | 21, -1 \rangle = -\frac{i 2^7 a}{3^5} \end{cases}$$

which together gives:

$$\begin{cases} \langle 100 | x | 2, 1, \pm 1 \rangle = \mp \frac{2^7 a}{3^5} \\ \langle 100 | y | 2, 1, \pm 1 \rangle = \pm \frac{i 2^7 a}{3^5} \end{cases} \quad \text{C}$$

Thus, 
$$\begin{aligned} \langle 100 | e_{\pm} | 200 \rangle &= e \left[ \underbrace{\langle 100 | x | 2, 0, 0 \rangle \hat{x} + \langle 100 | y | 2, 0, 0 \rangle \hat{y}}_{=0 \text{ by B}} + \underbrace{\langle 100 | z | 200 \rangle \hat{z}}_{=0 \text{ by A}} \right] \\ &= 0 \end{aligned}$$

Thus, 
$$\langle 100 | e_{\pm} | 210 \rangle = \frac{e \sqrt{2} 2^7 a}{3^5} \hat{z} \quad - \text{ by A, B}$$

$$\begin{aligned}
 \langle 100 | e_{\underline{r}} | 21, \pm 1 \rangle &= e \left[ \langle 100 | x | 21, \pm 1 \rangle \hat{x} + \langle 100 | y | 21, \pm 1 \rangle \hat{y} \right] \\
 &= \mp \frac{e 2^7 a}{3^5} \hat{x} \pm \frac{i 2^7 a}{3^5} \hat{y} \quad - \text{by } \textcircled{c} \\
 &= \mp \frac{e a 2^4}{3^5} (\hat{x} - i \hat{y})
 \end{aligned}$$

Then

$$|\langle 100 | e_{\underline{r}} | 210 \rangle|^2 = \frac{2^{15}}{3^{10}} (ea)^2$$

$$\begin{aligned}
 \& \quad |\langle 100 | e_{\underline{r}} | 21, \pm 1 \rangle|^2 &= (ea)^2 \frac{2^{14}}{3^{10}} \underbrace{\left( \cancel{|\hat{x}|^2} + \cancel{|\hat{y}|^2} + \cancel{i \hat{x} \hat{y}} - \cancel{i \hat{y} \hat{x}} \right)}_{=2} \\
 &= (ea)^2 \frac{2^{15}}{3^{10}}
 \end{aligned}$$

$$\text{so } \left\{ \begin{array}{l} |P_{200 \rightarrow 100}|^2 = 0 \quad \rightarrow A = 0 \\ |P_{210 \rightarrow 100}|^2 = \frac{(ea)^2 2^{15}}{3^{10}} \\ |P_{21\pm 1 \rightarrow 100}|^2 = \uparrow \end{array} \right. \quad \text{for these}$$

$$\begin{aligned}
 \text{Then, } A &= \frac{|P|^2 3^2 \hbar^2}{\pi \epsilon_0 c^3 2^9 m^3 a^6} = \frac{3^2 \hbar^2}{\pi \epsilon_0 c^3 2^9 m^3 a^6} \frac{ea^2 2^{15}}{3^{10}} \\
 &= \frac{\hbar^2 2^6}{\pi \epsilon_0 c^3 2^9 m^3 a^6}
 \end{aligned}$$

$$= \frac{\hbar^2 2^6}{\pi \epsilon_0 c^3 m^3 a^5 3^8}$$


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$$\& \tau = \frac{1}{A} = \frac{\pi \epsilon_0 c^3 m^3 a^5 3^8}{\hbar^2 2^6}$$

$$H = \frac{1}{2m} [\vec{p} - q \vec{A}(\vec{r})]^2$$

$$[\vec{p}, \vec{A}(\vec{r})] = \vec{p} \cdot \vec{A}(\vec{r}) - \vec{A}(\vec{r}) \cdot \vec{p}$$

a) Consider action on test function:

$$[\vec{p}, \vec{A}] \psi = \vec{p}(\vec{A} \psi) - \vec{A}(\vec{p} \psi)$$

$$\vec{p} = -i\hbar \vec{\nabla}$$

$$= -i\hbar (\vec{\nabla}(\vec{A} \psi) - \vec{A}(\vec{\nabla} \psi))$$

$$= (\vec{\nabla} \cdot \vec{A}) \psi + \cancel{\vec{A} \cdot (\vec{\nabla} \psi)} - \cancel{\vec{A} \cdot (\vec{\nabla} \psi)}$$

$$= -i\hbar (\vec{\nabla} \cdot \vec{A}) \psi$$

n.b. only  $\vec{p}$  is an operator

$$b) H\psi = \frac{1}{2m} [\vec{p} - q \vec{A}(\vec{r})] [\vec{p} - q \vec{A}(\vec{r})] \psi$$

$$= \frac{1}{2m} [|\vec{p}|^2 - q \vec{p} \cdot \vec{A} - q \vec{A} \cdot \vec{p} + q^2 |\vec{A}|^2] \psi$$

$$= \frac{1}{2m} [p^2 \psi - q \vec{p} \cdot \vec{A} \psi - q \vec{A} \cdot \vec{p} \psi + q^2 A^2 \psi]$$

need chain rule on  $\vec{p}$

$$= \frac{1}{2m} (p^2 \psi - q (\vec{p} \cdot \vec{A}) \psi - q (\vec{p} \psi) \cdot \vec{A} - q \vec{A} \cdot (\vec{p} \psi) + q^2 A^2 \psi)$$

$$\begin{aligned}
 &= \frac{1}{2m} \left[ p^2 \psi + q^2 A^2 \psi - q (\vec{p} \cdot \vec{A}) \psi - 2q \vec{A} \cdot (\vec{p} \psi) \right] \\
 &= \frac{1}{2m} \left\{ \left[ -\hbar^2 \nabla^2 + q^2 A^2 - 2q i \hbar \vec{A} \cdot \vec{\nabla} \right] \psi - q i \hbar \psi (\vec{\nabla} \cdot \vec{A}) \right\}
 \end{aligned}$$

div A

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